



PACKING LIST

This general packing list should be updated and modified depending on the season and where you are going, but here is a list to get you started!

Essentials

- Passports / IDs
- Wallet (credit cards, cash, insurance cards)
- Travel documents (boarding passes, hotel confirmations, rental car info)
- Itinerary & emergency contacts
- Maps / guidebooks / downloaded offline maps

Clothing

- Tops (t-shirts, blouses, polos)
- Bottoms (shorts, pants, skirts)
- Dresses (if needed)
- Sweaters / light jackets
- Rain jackets or ponchos
- Pajamas
- Undergarments & socks
- Swimsuits & cover-ups
- Comfortable walking shoes
- Dress shoes (optional)
- Sandals / flip flops
- Hats & sunglasses
- Seasonal extras (gloves, scarves, snow gear if winter)

Toiletries

- Toothbrushes & toothpaste
- Hairbrush / comb
- Shampoo & conditioner (travel size if flying)
- Body wash / soap
- Deodorant
- Sunscreen & lip balm with SPF
- Lotion / moisturizer
- Shaving supplies
- Makeup & makeup remover
- Feminine hygiene products
- Contacts / glasses / solution
- Hand sanitizer & wipes

Health & Safety

- Prescription medications (in original bottles)
- Pain relievers (adult & children's)
- Motion sickness remedies
- Band-aids & first aid kit
- Thermometer (especially with kids)
- Insect repellent
- Masks (if needed)

Kids' Gear

- Diapers / pull-ups / wipes
- Changing pad
- Baby carrier / stroller
- Formula, bottles, sippy cups
- Snacks & favorite foods
- Small toys, books, comfort items
- Travel car seat / booster seat
- Baby monitor (if needed)

Electronics

- Phones & chargers
- Portable power banks
- Tablet / e-reader / headphones
- Camera & memory cards
- Travel adapters & converters
- Laptop (if needed)

Snacks & Travel Comfort

- Reusable water bottles
- Travel snacks (granola bars, fruit, crackers)
- Travel pillows & blankets
- Reusable shopping bags

Extras

- Beach towels & sand toys (if beach trip)
- Goggles, snorkel gear
- Hiking gear (backpack, trekking shoes, water bottles)
- Travel laundry bag / detergent
- Ziplock bags for wet or dirty clothes
- Entertainment (cards, coloring books, puzzles)

? Other

- _____
- _____
- _____